



# COLLEGE APPLICATION MONTH

## From Stress to Success: Using Mental Health Resilience through the College Application Journey

October 19, 2023  
6:00 p.m. - 7:00 p.m.



The stress associated with the college application process can be overwhelming for some students. Join us for this informative webinar which will teach students how to manage application stress and successfully navigate the many challenges associated with the application and decision process.

Click [HERE](#) or scan the QR code to register for the webinar.

